

Life Beyond School

YEAR GROUP	Managing Change Learning Outcomes	Key Terms	Assessment Objectives
Year 7	Describe how people's feelings change during stages of transition. Describe your feelings during times you have experienced transitions. Identify ways of coping with transition points and how you would apply them to future times of change in your life. I understand the concept of trust. I can explain what I have in common with others across my class. To evaluate what would take for society to truly flourish.	Transition Points, Career, Change, Risk, Reflection Trust, Honesty, Integrity, Self Esteem, Society, Character Traits	I understand the term transition I can explain the different career transition points in secondary school and beyond I am able to reflect on the feelings experienced during transition I can identify a range of people I trust in my life I know a lot about other people in my class I can identify positive character traits
Year 7	To understand the concept of community and what makes a cohesive community. To explore how British communities have changed over the past 100 years. To evaluate how welcoming your local community is.	Tolerance, Community, International, Local, National, Community Cohesion	I can define community cohesion I understand the benefits of a multicultural society I know how to be an active member of my community
Year 7	To understand the meaning of the word career. To be aware of how career education can help you plan for the future and recognise limitations of making career choices based on 'dream' ideas. To be aware of what considerations are involved in making realistic choices.	Careers, Skills, Qualities, Future, Aspirations, Opportunities	I am aware of how important careers education is I'm aware of how not to limit my future career options I'm aware of future opportunities in learning and work
Year 7	To describe what actually happens when we sleep. To explore the benefits of good quality sleep. To explain how to improve sleep quality and where to source extra help and support from.	Routine, Regeneration, Growth, Memory, Environment, Insomnia, Sleep Hygiene	I understand what happens to me when I sleep I can explain the benefits of good quality sleep I know a range of strategies to improve my sleep
Year 7	To describe the concept of money. To explore positive and negative uses for money. To discuss how the government spends money to help the country.	Budgeting, Currency, Wealth, Transaction, Debt, Exchange, Austerity, HM Treasury	I can explain the three purposes of money I understand how money can influence the world in positive and negative ways I can identify key areas of government expenditure
Year 7	Describe how people's feelings change during stages of transition. Describe your feelings during times you have experienced transitions. Identify ways of coping with transition points and how you would apply them to future times of change in your life.	Transition points, Career, Change, Risk, Reflection	I understand the term transition I can explain the different career transition points in secondary school and beyond I am able to reflect on the feelings experienced during transition
YEAR GROUP	Proud to be me Learning Outcomes	Key Terms	Assessment Objectives
Year 8	Be able to effectively work as part of a team and research the issues and come up with solutions. Apply this understanding by redempting an area of Aor Academy. Evaluate what makes an effective and persuasive presentation.	Life Skills, Enterprise, Entrepreneur, Teamwork, Leadership, Numeracy, Budget, Economy	I can work effectively as part of a team. I know what makes good team work leadership I can confidently pitch my ideas to an audience
Year 8	To identify what is important for you and what you expect from yourself, taking into account the beliefs and expectations that others have for you. To evaluate what self esteem and persuasive presentation.	Emotion, Feelings, Thoughts, Past Behaviours, Understanding, Ambition, Ideal Self, Actual Self, Values	I can describe my own self esteem I have aspirations and am looking forward to the future I can describe what self esteem is
Year 8	To help me think carefully about potential careers and focus on my interests and preferences. To be aware that understanding yourself and my interests will help shape my choices about ISA Options and future career ideas.	Aspiration, Phrases, Inevitable, Optimism, Barriers, Matrix of, Formative	I can identify a wide range of jobs I recognise that each sector in society contains many career opportunities I know how to plan for my future career
Year 8	To describe self esteem and how it impacts someone's life. To explore ways to boost self esteem. To evaluate the impact negative self talk can have on self esteem.	Self Esteem, Self Talk, Body Image, Influencers, Positivity	I understand ways to boost my self-esteem I can explain how the media and my peers may impact my self-esteem I can explain the importance of being body confident
Year 8	To explore what happiness might mean to different people. To explore why its OK for us to explore our own feelings and emotions. To evaluate whether happiness truly exists.	Beliefs, needs, wants, Aspirations, Future, Dreams, Ability	I can explain what happiness looks like for different people I can recognise my own emotions and how I'm feeling I have an opinion about whether true happiness exists or not
Year 8	To understand the science behind why someone gets angry. To explore how our thoughts and feelings can impact what we do and say. To understand how to deal with and manage anger.	Anger, Triggers, Conflict Management, Emotions, Language, Self Awareness	I understand the science behind being angry I can recognise when I'm getting angry and what my triggers are I am able to deal with my anger in a positive way
Year 8	To identify the 32 main UK job sectors. To explore a wide variety of jobs. To evaluate the different qualifications, starting salaries and duties of a wide range of jobs.	Job Description, Salary, Duties, Progression, Qualifications, GCSE, A-levels, University, Skills	I can identify a range of different UK job sectors I know the starting salaries of a range of jobs I can identify my dream job or career
YEAR GROUP	Essential Life Skills Learning Outcomes		
Year 9	To understand how success and failure are often linked. To explore what motivates people to achieve incredible things. To evaluate the importance of resilience and learning from mistakes and failures.	Success, Failure, Motivation, Resilience, Empathy, Mistakes, Kinesthetic, Auditory	I can explain how success comes from failure I understand how to turn problems into opportunities I am a resilient person at school, home and in the community
Year 9	Know the difference between passive, assertive and aggressive. Recognise assertive behaviour in dealing with peer pressure to drink. Demonstrate assertive behaviour in dealing with peer pressure to drink.	Evaluate, Submissive, Aggressive, Assertive, Instinct, Admire	I know the difference between passive, assertive & aggressive I understand how to be assertive with peer pressure I can evaluate different strategies to manage risk
Year 9	To understand the vital importance of First Aid as a life saving skill. Know how to perform first aid, including CPR, the use of defibrillators, choking and basic treatment for common injuries. To understand how to put someone in the recovery position and when to contact emergency services.	Defibrillator, CPR, Choking, Recovery Position, St John Ambulance, BNF, Circulation, Airways	I am confident in giving someone basic first aid I know how to perform CPR and put someone in the recovery position I understand how and when to use a defibrillator to save someone's life
Year 9	To define a variety of banking and financial key terms. To understand the importance of saving money and the different methods of saving it. To be able to identify the difference between essential and non-essential expenditure.	Investment, Stocks, Debt, Credit, Bank Account, Expenditure, Needs & Wants, Budget, Debt	I understand the meaning of a wide range of financial key terms I can evaluate different ways of saving money I can explain the many advantages to having a bank account
Year 9	To be aware of what labour market information (LMI) is and how it can be useful to you. To be able to start using LMI to get a realistic picture of the labour market. To use LMI to help me make decisions about future careers.	Labour Market, Authority, Demography, globalisation, manufacturing, education, training	I understand what labour market information is I can explain what impact local labour markets in the UK I can identify the main factors that impact labour market information
Year 9	To define terms such as financial capability and financial competence. To understand the importance of budgeting throughout a person's life. To know how to calculate your personal income tax liability.	Budget, Savings, Investments, Financial Competence, Financial Capability	I understand how debt and borrowing money can impact personal finance I am able to budget now and for the future I understand how income tax is calculated
Year 9	To explore the link between mental health and social media usage. To identify coping strategies to manage online stress. Recognise that social media sometimes does not reflect real life.	Platforms, Social Media, Stressors, Social Currency, Online Harassment, Confidential, Privacy, Cyber Bullying	I can explain what online stress is I understand the link between mental health and social media usage I know how to keep my online data safe
YEAR GROUP	Rights and Responsibilities Learning Outcomes		
Year 10	To explore the link between body image and social media. To understand how highly edited social media can distort our views on the real world. To explore what makes social media sites so popular/addictive.	Filtered, Body Image, Self-Esteem, Vikings, Streaming, Childlike, Selfie	I understand the concepts of highly edited and filtered media I know why social media is so popular with young people I understand the negative impact social media has on body image and self-esteem
Year 10	To describe the three main types of targeted advertisements and explain how they work. To explore the role of the Advertising Standards Agency (ASA). To evaluate the role targeted advertising plays in elections.	Contextual, Geotargeted, Retargeted, Targeted, Advertisements, Pop-Ups, ASA	I can explain how geotargeted, contextual and retargeted advertisements work I can explain the role of the Advertising Standards Agency I know when I am being subjected to targeted advertisements online
Year 10	I can describe what marriage is and what marriage is not. To understand the legal position of gay marriage across different countries in Europe. Evaluate a range of views on sex before marriage.	Marriage, Divorce, Companionship, Commitment, Co-Habitation, Civil Partnership, Pre-nuptial Agreement	I can explain what marriage is and what it is not I understand gay marriage laws in the UK and Europe I have a range of different views on the topic of sex before marriage
Year 10	To define the terms rights, responsibilities and moral duties. To understand the different types of rights and responsibilities that exist. To study the differences between civil and criminal law.	Civil Law, Criminal Law, Rights, Responsibilities, Moral, Political, Legal	I understand the duties of a citizen in the UK I can identify many different rights and responsibilities I have I can explain the difference between civil and criminal law
Year 10	To understand what ethical business practices are. To understand the rights and responsibilities of consumers. To evaluate the impact the Consumer Rights Act 2015 has had on society.	Sustainability, Ethical, Integrity Consumer Rights Act, C.A.B, Office of Fair Trading	I can identify unethical business practices I know my consumer rights and responsibilities I can explain how consumers and businesses can work toward better working practices
Year 10	To identify a variety of employment rights and responsibilities in the UK. To understand different issues related to employee rights. To explore the gender pay gap in society.	Employers, Employment Tribunal, Equality Act 2010, Equal Opportunities, Trade Union, Unfair Dismissal	I know a range of employment rights and responsibilities I know the minimum amounts per hour employees must be paid I understand the term 'gender pay gap'
Year 10	To understand what the common features of a payroll are. To be able to work out using calculations gross pay and net pay on a payroll. To evaluate the importance of paying tax and NI contributions.	BACS, Deductions, Payroll, Net Pay, Gross Pay, National Insurance, Salary, Tax, Tax Code, PAYE	I understand how to read a payroll I know how to work out gross pay and net pay on a payroll I am aware of the deductions that are likely to come out of my salary when I'm older
YEAR GROUP	Year Future and Beyond Learning Outcomes		
Year 11	Explore how technology and social media can negatively impact on your mental health. To evaluate how technology and smart phones can be both rewarding and damaging in our lives.	Addiction, Dependence, Blue Light, Echo Chambers, Filter Bubbles	I am aware of the dangers associated with smart phone and screen addiction I understand what makes a good environment to sleep and study in I can explain the benefits and drawbacks of an increasing dependence on technology in my life
Year 11	To understand the options available to me at the end of Year 11. To consider how I can make the best choice for me. To understand the application process for post 16 options.	A Levels, T Level, Btec, Apprenticeship	I understand my options for the end of Year 11 I know what to consider to make the best choice for me I understand the application process for post 16 options
Year 11	To understand the science behind felt, flight and freeze responses to stress. To recognise that stress is only beneficial in the short term and that long term it can affect you physically and emotionally. To understand how to manage stress and relaxation.	Relaxation, Stress, Cortisol, Hormones, Libidation, Fight, Freeze, sympathetic	I can identify the symptoms of stress I have a range of methods to help me manage stress I have I understand how different amounts of stress can impact my performance and ability to think clearly
Year 11	To describe the differences between real life and social media life. To explore the impact social media influences have on society. To identify coping strategies for social media wellness and improving self-esteem.	Online Identity, Body Confidence, Addiction, Influence, Perfectionism, Validation	I am aware that what I see on social media may not be reflective of real life I can explain the positive and negative impact that following social media influencers has on me I know the four main ways social media can cause stress
Year 11	To understand the purpose of a CV. To understand how to create a clear and concise CV. To have some ideas I could use to help make my CV stand out.	Curriculum Vitae, Qualifications, Interests, Hobbies, References, Work Experience	I understand why a CV is important I am confident in creating my own CV I understand how to layout a CV and what I should avoid to make it look professional
Year 11	To understand what a personal statement is. To explore when a personal statement may be needed. To be confident in writing a personal statement that reflects your abilities and ambitions.	Personal Statement, CV, Successes, Qualities, University, Achievements, Applications	I know why a personal statement is important I am able to write my own personal statement I understand when a personal statement would be required